



Newsletter – Autumn 2018

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July Exams

Another set of outstanding marks from everyone who took their exams in July.

Lots of hard work definitely paid off!

Special congratulations to our seniors who all passed their Intermediate Modern Jazz with top marks!

Also to Chance Rosier for achieving an incredible 96% and a Platinum Award for Grade Five Modern Jazz.



Ellen at Elmhurst Ballet Summer

Ellen Harber spent a week training at the prestigious Elmhurst Ballet School in London during the summer holidays. Here is her account of this amazing opportunity:

I went to Elmhurst ballet school for the last week of the summer holidays. Elmhurst was a great experience for me because it pushed me to my limits and I have found things I can do that I couldn't do before.

My time there gave me a taste of what it would be like to be a student at a residential ballet school, which was a brilliant opportunity. I did really long ballet classes each day which was tiring, but then that's the life of a ballerina!

I learnt two dances which we performed at a show in the theatre on the last day. The first dance was from Coppelia; the dance of Coppelia's friends, and the second was the dance of the lilac fairy from The Sleeping Beauty.

The main lesson I will take away from my stay is the reality of the hard life of a dancer. It was tiring but fun and I'd love to go back.



Gymnastics Master Class!



Lynden would like to thank Master Coach Janet Allabush for sharing her valuable knowledge with our budding TeamGym Squad Gymnasts!

The gymnasts enjoyed spending the afternoon gaining knowledge and insight from Janet. Janet expressed that her love of TeamGym is due to the friendly community environment the sport fosters in young people. Knowledge is priceless and with a positive training environment, the possibilities are endless!

GOOD LUCK!!



Good luck to everyone taking their Medals Tests on Tuesday 23rd October, especially all of the children in the Acro groups who are taking part for the first time!

Break a leg!

Wishing our Swallows Gymnastics Squad lots of luck in their very first competition at Hawth, Crawley on Saturday 10th November!

Go Swallows!!



Gymnastics & Acrobatic Dance in Tadley & Dummer

We are excited to announce that we are launching Gymnastics and Acrobatic Dance at two new venues!

The Rec Soc, Tadley, Thursdays from 11th October and Saturdays from 12th January.

The Arena at the Cricket Centre, Dummer on Saturday 13th October.

Sessions are available for children of all ages and abilities.

Please see our website for further information.

www.LyndenDance.co.uk



SAVE THE DATES

October

- 11th – Gym & Acro launch – Tadley
- 13th – Gym & Acro Launch – Dummer
- 14th – BTDA Scholarships
- 23rd – BTDA Medal Test

November

- 10th – Hawth Gymnastics Comp
- 12th – Start of Term 2
- 25th – Dynamix Rehearsal (TBC)

December

- 8th – Dynamix Performance – QMC
- 11th – BTDA Exams
- 22nd – Christmas Party

24th Dec – 6th January - Christmas Holiday

January

- 7th – Classes recommence
- 12th – New Gym & Acro Classes – Tadley

February

- 3rd – Gym Badge Presentation Day
- 4th – Start of Term 3
- 19th – BTDA Medal Tests

18th – 24th - Half term Holiday

***Please note that further dates may be added.
Please check our members only Facebook page
for updates***

Acrobatic Dance Chineham

The new Acro classes that have started in Chineham on Tuesdays are proving to be popular. The children are progressing well and learning lots of new skills.

We do still have some spaces and we would especially like to encourage more preschool children to give it a try.

Further info on our website:

www.LyndenDance.co.uk



All classes continue as normal during the School October Half Term

Welcome to Fiona - Senior Gymnastics Coach



A very warm welcome to Fiona Creelie, who joined us in September.

Fiona found her love for both dance and gymnastics at the age of 4 when she started classes in Basingstoke. At 5 years she joined the Artistic squad in her gymnastics, but given the choice between dance and gymnastics she chose to keep gymnastics as a hobby for fun and concentrate more on her dancing.

Once she had turned 13 she became a volunteer coach at her club, and took her first coaching qualification at 14, at the same time as joining the Team Gym squad as a gymnast.

Just before heading off to university, Fiona completed her Club Coach General Gymnastics exam.

Fiona went on to complete a 3 year National Diploma in Musical Theatre at BodyWork Company Dance Studios in Cambridge, followed by a BPA (Hons) Degree in Contemporary Dance from Northern School of Contemporary Dance in Leeds.

After graduation, Fiona continued to work towards further coaching qualifications alongside her performance work, and took on the head roles for both the Development Squad and Adult Gymnastic sections.

She has since found the love of participation again when recently she started to train in an adults Acro Trio, who have since competed and medalled at local and National level competitions.

DYNAMIX – QMC 8th December -7pm

Rehearsals and preparations for this year's production of Dynamix are well under way, with all of our Dance and Gymnastics squads working hard to ensure their very best performance.

Please put the date in your diary now and come along and support their hard work.

Dynamix always proves to be an outstanding show that captivates, inspires and thoroughly entertains the whole family.

Tickets will be on sale soon so please keep an eye on our Members only Facebook page and our Website for further information.