

****New** from Lynden**

*****CONTEMPORARY DANCE CLASSES*****

Tuesdays (starting 15th Sept) 5.15 - 6.15pm at Moniton Dance Studio

and

Thursdays (starting 17th Sept) 6:15 - 7:15pm at Moniton Dance Studio

Open to dancers aged 10 years and over.

We have a maximum of 12 places on each course.

Class fee is £75.00 per term (including VAT). This fee is discounted to £60.00 per term if taken with graded ballet, tap and modern classes.

If you would like to join the class please go to the web site at www.lyndendance.co.uk.

Please remember that the spaces are limited so join sooner rather than later!

CLASS DESCRIPTION

An hour long class including technique strengthening exercises, right through to stylistic performance phrases. Using the release technique as a basis, students can explore their own expression in their movement, whilst being challenged in a fun and energetic class.

The class will be taught by Sophie Holt – BA (Hons) Dance